

# BC SUPPORT Unit Fraser Centre



## About the Fraser Centre

The BC SUPPORT Unit Fraser Centre offers a number of services, for free, to teams involved in patient-oriented research (POR) and/or knowledge translation (KT) and implementation in the Fraser region, described in the side bars.

POR is research that engages patients as partners, focuses on patient-identified priorities, and is conducted by multidisciplinary teams in partnership with all stakeholders. A patient partner is anyone with personal experience of a health issue or the health system including informal caregivers, such as family and friends.

The Fraser Centre, jointly administered by Fraser Health and Simon Fraser University, is one of five regional centres across BC connected to the BC SUPPORT Unit. There are eleven SUPPORT Units across the country as part of Canada's Strategy for Patient-Oriented Research led by the Canadian Institutes of Health Research. The BC SUPPORT Unit is a component of the BC Academic Health Science Network.

The Centre includes five staff, pictured above from left to right, Magdalena Newman, Regional Centre Lead/Manager; Beverley Pomeroy, Patient Engagement Specialist; Brittney LaPietra, SFU Research Navigator; Richard Sobel, Fraser Health Research Navigator; and Alia Januwalla, Knowledge Translation Specialist - ready to support you with POR and KT project and training needs. Submit an inquiry form at [bcsupportunit.ca](http://bcsupportunit.ca) or email us for more information.

## Patient engagement

We provide support to develop a patient engagement strategy (e.g. roles, compensation); and recruiting, orienting, & supporting patient partners for your team.

We can also help you connect to community organizations & patient groups; and work with you to co-ordinate research priority-setting activities.

## Knowledge translation

We provide support to develop knowledge translation or implementation strategies for funding applications or to apply established evidence.

We also provide ongoing consultation & support for knowledge translation as needed and provide direction in the development of dissemination products.

## Research navigation

We will direct you to the right resources & services and support you to refine your POR research questions and research design.

In addition, we provide assistance with grant applications & letters of support, and connect you to stakeholders & knowledge users at Fraser Health, BC SUPPORT Unit, SFU and other Fraser region universities.


## Training & capacity building

We provide support in developing award and grant applications for POR and KT projects.

In addition, we offer various workshops & courses including: the national curriculum on POR, which includes 3 modules (health research, patient-oriented research & team building); Why, what and how of patient engagement; Why, what and how of knowledge translation; and tailored workshops in these topic areas.

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